

SAHK B M KOTEWALL MEMORIAL SCHOOL

PHYSIOTHERAPY SERVICE

- ◆ The Physiotherapy Service provided by the school includes morning exercises, individual therapy, group therapy, walking exercises, standing exercises, active or passive stretching exercises, task series, and classroom therapy. These are prescribed according to the physical needs of individual students.

- ◆ Physiotherapists cooperate with PE teachers to design the content of PE lessons and to adapt equipment to ensure that every student is able to participate in PE activities.

- ◆ The Physiotherapy Department may help students make appointments with the Prosthetic & Orthotic Departments of Yan Chai Hospital and Kowloon Hospital to make suitable orthoses if they have received referrals prescribed by government hospitals.

- ◆ We also cooperate with the Jockey Club Rehabilitation Seating Service Centre of the SAHK to make wheelchair seating cushions. Parents will be requested to accompany the students during each visit.

- ◆ Cooperation and communication between parents and the school are very important. Parents are welcome to observe the physiotherapy sessions of their child and request video clips.

- ◆ Should the student have to receive any orthopedic intervention, parents are recommended to inform the physiotherapist as soon as possible so that suitable treatment can be arranged.

- ◆ In order to practice the acquired skills in the home environment, tailor-made home exercise programmes will be given to the students regularly. Parents may visit the website below to learn appropriate passive stretching techniques:



- ◆ Further information may be obtained on the following website:



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